

فَاذْكُرُونِي اَذْكُرْكُمْ.

اللہ کی یاد

Allah Ki Yaad

تحریر

محمد مونس نقشبندی

●.....○ بسم الله الرحمن الرحيم ○.....●

الحمد لله رب العالمين و الصلوة والسلام على
سيد الانبياء والمرسلين . أما بعد !

Tamam Taareefen Us Allah Ke Liye
Hain , Jo Hamara Khaaliq Aur
Maalik Hai , Allah Tabarak Wa Ta'la
Jab Kisi Bande Se Muhabbat Karta
Hai To Use Apna Naam Lene Ki
Taufeeque Ata Farmata Hai , Allah
Ta'la Ke Paak Naam Lene Me Jo
Lazzat , Halawat , Aur Dili Sukoon
Haasil Hota Hai , Ye Bat Us Shakhs
Se Bilkul Bhi Chhipi Nahi Hai Jo
Apne Maamoolat Me Kasrat Se
Din - Rat Allah Ta'la Ke Naam Ko
Lene Ka Ek Maamool Bana Chuka
Hai ,

Iske Muqable Me Wo
Shakhs Jo Allah Ki Yaad se Bilkul

Be Khabar Ho , Aur Wo Allah Ta'la
Ka Mubarak Naam Na Leta Ho , To
Agarche Uske Paas Duniya Ki Har
Nemat Maujood Ho , Aaleeshan
Makaan Ho , Bahut Sa Maal Ho ,
Aulad Ho , Khane Ko Behtreen
Ghiza Ho , Lekin Uska Dil Sukoon
Se Khaali Hota Hai , Aur Wo
Bechain Rahta Hai , To Pata Chala
Dil Ko Sukoon Allah Ke Zikr Se
Haasil Hota Hai ...

● Dil Ka Sukoon Allah Ke Zikr Se
Haasil Hota Hai :-

Qur'an Kareem Me Allah Ta'la Ka
Irshad Hai :

الَّذِينَ آمَنُوا وَتَطْمَئِنُّ قُلُوبُهُمْ بِذِكْرِ اللَّهِ أَلَا
بِذِكْرِ اللَّهِ تَطْمَئِنُّ الْقُلُوبُ ﴿٢٨﴾

[سورة الرعد آیت نمبر ۲۸]

● Tarjuma :- Wo Log Jo Eeman Laye Hain , Aur Jin Ke Dil Allah Ke Zikr Se Itminaan Haasil Karte Hain , Yaad Rakho Ki Sirf Allah Ka Zikr Hi Wo Cheez Hai , Jis Se Dilon Ko Itminan Haasil Hota Hai.
[Surah Raa'd Ayt No.28]

● Allah Ka Zikr Rooh Ki Giza Hai :- Jis Tarah Hum Jism Ki Giza Ke Liye Khana Khaate Hain , Usi Tarah Rooh Ki Bhi Giza Hoti Hai , Aur Rooh Ki Giza Allah Ka Zikr Hai ,

Jab Hame Jism Ki Giza Nahi Milti Aur Hamara Meda Khaal Rahta Hai , To Bhookh Lagti Hai Aur Hum Bechain Ho Jaate Hain ,

Isi Tarah Jab Hame Rooh Ki Giza Nahi Milti , To Dil Khaal Rahta Hai , Aur Hamara Dil Bechain Rahta Hai Us Waqt Hame


Chahiye Ki Hum Allah Ka Zikr Karen....

● Zikr Dil Ko Zinda Karta Hai :-
Hafiz Ibn e Taymiya Rah. Kahte Hain Ki Allah Ka Zikr Dil Ke Liye Aisa Hai , Jaisa Machhli Ke Liye Paani , Gaur Kar Lo Ki.: Bagair Paani Ke Machhli Ka Kya Haal Hota Hai ?

● Zikr Karna Dil Ki Safayi Ka Zariya Hai :-


Hazrat Ibn e Umar Raziyaallahu Anhu Se Riwayat Hai Ki Rasool E Akram Sallallahu Alaihi Wasallam Ne Farmaya Ki : Yaad Rakho Ye Dil Zang Pakadte Hain Jaisa Ki Pani Pahunchne Se Loha Zang Pakadta Hai , Arz Kiya Gaya Ya RasoolAllah (Sallallahu Alaihi Wasallam) Is Zang Ko Saaf Karne Ki Kya Soorat

Hai ?

Aap Sallallahu Alaihi Wasallam Ne
Farmaya : Maut Ko Kasrat Se Yaad
Karna Aur Qur'an Ki Tilawat
Karna.. ( Mishkatul Masabeeh :
2176)

- Ek Riwayt Mein Hai Ki Dil Ko
Zang Lag Jata Hai , Jaisa Ki Jaisa
Ki Loha Ya (Tamba) Ko Lag Jata
Hai , Aur Us Dil Ke Zang Ki Safaayi
Astaghfar Hai. [Bahqi : Shobul
Eeman]

- Pata Chala Hamare Dilo Ko Bhi
Gunaho Ki Wajah Se Zang lag Jata
Hai , Aur Use Saaf Karne Ke Liye
Chahiye Ki Hum Maut Ko Kasrat
Se Yaad Kare , Qur'an Ki Tilaawat
Kare Aur Astaghfar Karen...

 Zikr Ke Bare Mein Qur'ani
Aayat :-

Allah Ta'la Ka Irshad Hai :-

﴿ ۱ ۝ فَادْكُرُونِيْ اَذْكُرْكُمْ ۝﴾

[سورة البقرة آیت نمبر ۱۵۲]

Tarjuma : Tum Mujhe Yaad Rakho ,
Main Tumhe Yaad Rakhunga.

● Allah Ki Yaad Bahut Badi Cheez
Hai :-

﴿ ۲ ۝ وَلَذِكْرُ اللّٰهِ اَكْبَرُ ۝﴾

[سورة العنكبوت آیت نمبر ۴۵]

Tarjuma : Aur Allah Ta'la Ki Yaad
Bahut Badi Cheez Hai.

● Allah Ko Kitna Yaad Kare ?

Allah Ta'la Ka Irshad Hai :-

﴿3﴾ يَا أَيُّهَا الَّذِينَ آمَنُوا اذْكُرُوا اللَّهَ ذِكْرًا كَثِيرًا



[سورة الأحزاب آیت نمبر ۴۱]

Tarjuma : Ae Eeman Walon ! Allah Ko Khoob Kasrat Se Yaad Kiya Karo.

● Zikr Ke Bare Me Ahadees e Mubarak :-

1» Rasool e Akram Sallallahu Alaihi Wasallam Ka Irshad Hai :
Jannat Waalon Ko Jannat Mein Jaane Ke Baad , Duniya Ki Kisi Cheez Ka Afsos Nahi Hoga , Siway Us Ghadi (Lamhe) Ke Jo Duniya Me Bagair Allah Ta'la Ke Zikr Ke Guzar Gayi Hogi.
[Bahqi , Jame Sagheer]

🌐 Zikr Ke Bare Me Ahadees e Mubarak :-

1» Rasool e Akram Sallallahu Alaihi Wasallam Ka Irshad Hai :
Jannat Waalon Ko Jannat Mein Jaane Ke Baad , Duniya Ki Kisi Cheez Ka Afsos Nahi Hoga , Siway Us Ghadi (Lamhe) Ke Jo Duniya Me Bagair Allah Ta'la Ke Zikr Ke Guzar Gayi Hogi.
[Bahqi , Jame Sagheer]

☆ AllahuAkbar ! Jannat Me Kisi Bhi Tarah Ka Na Ghum Hoga Na Afsos Lekin , Jab Kal Qayamat Allah Ta'la Ke Paak Naam Lene Par Jab Ajr Milega , To Har Shakhs Afsos Karega Ki Kaash Aur Zikr Kar Leta , Hatta Ki Jannat Me Bhi Afsos Hoga.

2» Rasool e Akram Sallallahu Alaihi Wasallam Ka Irshad Hai Ki.: Agar Kisi Shakhs Ke Paas Bahut Se Rupay Ho Aur Wo Unko Taqseem Karta Ho , Aur Doosra Shakhs Allah Ta'la Ke Zikr Me Mashghool Ho , To Allah Ta'la Ka Zikr Karne Wala Afzal Hai. [Muntakhab , Tabrani]

3» Rasool e Akram Sallallahu Alaihi Wasallam Ne Irshad Farmaya : Jo Shakhs Allah Ka Zikr Kasrat Se Kare , Woh Nifaaq Se Bari Hai. [Muntakhab , Tabrani]

4» Rasool e Akram Sallallahu Alaihi Wasallam Ka Irshad Hai : Bahut Se Log Aise Hain Jo Narm - Narm Bistaron Par Allah Ta'la Ka Zikr Karte Hain , Allah Ta'la Us Zikr Ki Barkat Se Jannat Ke Aala Darjo

Mein Pahuncha Dete Hain.
(Muntakhab , Abu Ya'la)

☆ Zikr itna Asan Amal Hai , Ki
Insan Apne Bistar Par Lete Lete Ya
Baithe Baithe Bhi Darjat Par Darjat
Buland Hota Jata Hai , Lekin Yaad
Rahe Zikr Ke Alawa Aur Bhi Faraiz
Maslann Namaz , Roza , Wagairah
Ka Ahtiman Laazim Hai

🔵 Zikr Karna Allah Ke Azab Se
Nijaat Ka Zariya :-

5》 Rasool e Akram Sallallahu
Alaihi Wasallam Ka Irshad Hai :
Allah Ke Zikr Se Badhkar Kisi
Aadmi Ka Koi Amal Allah Ke Azab
Se Nijaat Dene Wala Nahi Hai.
[Fazail e Aamal , Tabrani]

6》 Hazrat Ibn e Abbas Raziyaallahu
Anhu Farmate Hain Ki Jannat Ke

Aaath (8) Darwaze Hain , Unme Se Ek (1) Sirf Zaakireen (Zikr Karne Wale) Ke Liye Hai.

- Matlab Ye Hai Ki : Jannat Ka Ek Darwaza Allah Ka Zikr Karne Walon Ke Liye Khaas Hai.

❖ Namaz , Roza , Hajj , Zakaat Wagairah Ibaadat , Ko Ada Karne Mein Mukhtalif Qism Ki Sharait Aur Qaid Hoti Hain , Maslann :-
Namaz Ke Liye Paaki Zaroori Hai , Zakaat Ke Liye Nisaab Ka Maalik Aur Ek Saal Guzarne Ki Shart Hai , Farz Roze Ke Liye Saal Ka Ek Maheena Muqarrar Hai Wagairah Lekin Zikrullah Aisi Ibadat Hai Ki Jiske liye Koi Shart Nahi .. Isiliye Hame Har Waqt Apni Zubaan Ko Zikrullah Se Tar Rakhni Chahiye.

Zike Se Mutalliq 10 Ahem Batein :-

1》 Zikrullah Ke Liye Koi Waqt Mutayyan Nahi , Din-Rat , Subah, Dopahar , Sham, Chast , Zawaal , Hatta Ki Din Aur Rat Ke Kisi Bhi Hisse Mein Karna Chaahein Karen ,

2》 Zikrullah Ke Liye Jagah Mutayyan Nahi , Shahar Dehaat , Masjid , Ghar , Daftar , Baazar , Khet , Hawa , Fiza , Samandar , Chahe Jahan Bhi Ho Zikrullah Karte Rahen.

3》 Zikrullah Ke Liye Jahat Mutayyan Nahi , Mashriq , Maghrib , Shimaal , Junoob Fauq , Tahat , Qibla Rukh Hon Ya Na Hon ,

4» Zikrullah Ke Liye Alfaaz
Mutayyan Nahi , Sub'hanallh,
Alhamdulillah, AllahuAkbar ,
Durood , Astaghfar, Tilawat e
Qur'an , Masnoon Duayen ,
Wagairah ..

5» Zikrullah Ki Hayyat Mutayyan
Nahi , Khade , Baithe , Lete ,
Chalte , Phirte , Daudte , Paidal ,
Sawaar (Khwaah Koi Bhi Sawaari
Ho , Cycle Se Lekar Hawaii Jahaz
Tak) Har Jagah Har Tarah Zikr
Karte Rahna Chahiye...

6» Zikrullah Ke Liye Koi Haalat
Mutayyan Nahi , Khushi-Ghum ,
Sukoon Pareshani , Aman , Khauf ,
Yahan Tak Ki Baa Wuzu Ho Ya
Bagair Wuzu , Har Haalat Me Allah
Ta'la Ka Zikr Karen.

7» Zikrullah Ke Liye Koi Kaifiyat Mutayyan Nahi, Infiraadi , Ijtimayi , Khalwat Ho Ya Jalwat , Jo Mauqa Mayassar Ho Allah Ka Zikr Karen ,

8» Zikrullah Ke Liye Jins Aur Umr Mutayyan Nahi, Baaligh Kare , Na Baaligh Kare , Mard Kare , Aurat Kare , Chhota Kare Ya Bada ,

9» Zikrullah Ki Koi Ta'dad Mutayyan Nahi, 1 Bar , 10 Baar , 100 Baar , 1000 Baar , Ya Ek Laakh Baar , Balki Jitni Baar Bhi Kiya Jaye Kam Hai ,

10 » Zikrullah Ke Liye Ek Asan Bat Ye Bhi Hai Ki Zikrullah Bagair Wuzu , Balki Janabat (Napaki , Haiz,Nifaas, Ehtlam) Wagairah Me Bhi Kar Sakte Hain.

● Mas'alah :- Napaki Ki Haalat Me Har Zikr Jaiz Hai , Lekin Qur'an E Kareem Ki Tilawat Jaiz Nahi ...
Isi Tarah Bagair Wuzu Har Zikr Jaiz Hai , Qur'an e Kareem Ki Tilawat Bhi , Lekin Bagair Wuzu Qur'an Ko Chhoona Durust Nahi ..!

➤ Afzal Hai Ki Wuzu Ke Sath Qibla Rukh Chehra Karke Dhyan Ke Sath Allah Ke Zikr Mein Mashghool Hon Isme Zyada Sawab Milega , Insha Allah !

● Tasbeehat Daahine Hath (Right Hand) Se Padhen , Ek Hadees Mein Hai Ki Rasool E Akram Sallallahu Alaihi Wasallam Daayen Hath (Yaani Seedhe Hath) Se Tasbeehat Padha •

•[Abu Dawood Kitabusslah Jild 1 , Safah 120]

Baaz Suraton Ke Khaas Fazail :

1》 Surah Yaaseen

Ek Riwayat Mein Hai Ki Har Cheez Ka Ek Dil Hota Hai , Aur Qur'an Ka Dil Surah Yaseen Hai , Aur Jis Shakhs Ne Surah Yaseen Padhi To , Allah Ta'la Uske Liye Us Padhne Ke Sile Me 10 Martaba Qur'an E Kareem Padhne Ka Sawab Dega . [Jame Tirmizi : 2887]

- Ek Hadees Mein Hai Ki Jo Shakhs Allah Ko Raazi Karne Ke Liye Surah Yaseen Ki Tilawat Kare To Allah Ta'la Uske Pichhle Tamam Gunaho Ko Maaf Kar Dega ,

- Baaz Ulma Ne Likha Hai Ki Jo Shakhs Surah Yaaseen Ki Tilawat

Kare Allah Uski (Dinbhar Ki)
Tamam Mushkilat Ko Door Karta
Hai , Aur Uski Tamam Hajatein
Poori Ho Jaati Hain .

2» Surah Tabarakallazee (Surah Mulk)

- Hazrat Ibn e Abbas Raziyaallahu Anhu Se Riwayat Hai Ki Kisi Sahabi (Razi.) Ne Ek Qabr Khema Lagaya . Unko ilm Na Tha Ki Wahan Qabr Hai , Achanak Us Jagah Kisi Ko Surah Tabarakallazee (Surah Mulk) Padhte Hue Suna . To Nabi e Kareem Sallallahu Alaihi Wasallam Se Aakar Arz Kiya Ki Maine Ek Jagah Khema Lagaya Tha , Mujhe Maaloom Na Tha Ki Wahan Qabr Hai , Achanak Maine Us Jagah Kisi Ko Surah Tabarakallazee (Surah Mulk) Aakhir Tak Padhte Hue

Suna , Nabi e Akram Sallallahu Alaihi Wasallam Ne Farmaya : Ye Surah Allah Ta'la Ke Azab Se Rokne Wali Hai , Aur Qabr Ke Azab Se Nijaat Dilaane Wali Hai. [Tirmizi]

- Ek Hadees Mein Hai Ki Ye Surah (Surah Mulk) Apne Padhne Wale Ke Liye Shafaat Karti Hai , Yahan Tak Ki Uski Maghfirat Kar Di Jaati Hai , [Tirmizi]

3》 Surah Waqia

- Hazrat Abdullah Ibn Mas'ood Razi. Farmate Hain Ki Maine Rasool e Akram Sallallahu Alaihi Wasallam Ko Ye Farmate Hue Suna : Jis Shakhs Ne Har Raat Surah Waqia Padhi Us Par Faqr Nahi Aayega. [Bahqi]

4» Surah Kahaf

- Jo Shakhs Juma Ke Din Surah Kahaf Padh Le Woh Aath (8) Din Tak Yaani Agle Juma Tak Har Fitne Se Mahfooz Rahega, Aur Agar Us Din Dajjaal Nikal Aaye To Ye Uske Fitne Se Bhi Mahfooz Rahega.
[Tafseer Ibn e Kaseer]

5» Surah Kaafiroon

- Hazrat Naufal Raziyaallahu Anhu Farmate Hain Ki Rasool e Akram Sallallahu Alaihi Wasallam Ne Mujh Se Irshad Farmaya : Surah Qul Yaa Ayyuhal Kaafiroon Padhne Ke Baad Bagair Kisi Se baat Kiye Hue So Jaya Karo , Kyunki Is Surah Me Shirk Se Bara'at (Nijaat) Hai.
[Abu Dawood]

Afzal Zikr Laailaha illallah :-

- Ek Hadees Mein Hai Ki Tamam Azkaar Mein Sabse Afzal Zikr Laailaha illallah Hai.. [Tirmizi]

Ek Azeem Hadees :-

- Hazrat Umme Haani Raziyaallahu Anha Farmati Hain Ki Ek Din Rasool e Akram Sallallahu Alaihi Wasallam Mere Yahan Tashreef Laye , Maine Arz Kiya Ya RasoolAllah Main Boodhi Aur Kamzor Ho Gayi Hoon , Koi Amal Aisa Bata Dijiye , Ki Baithe - Baithe Karti Raha Karoon , Aap Sallallahu Alaihi Wasallam Ne Irshad Farmaya : Sub'hanallah 100 Martaba Padha Karo , Iska Sawab Aisa Hai Goya Tum Aulad e Ismail Mein Se 100 Ghulam Aazad Karo ,

Alhamdulillah 100 Martaba Padha
Karo, Iska Sawab Aise 100
Ghodon (Hourse) Ke Barabar Hai
Jin Par Zeen Kasi Hui Ho Aur
Lagam Lagi Hui Ho , Unhe Allah
Ke Raste Mein Sawari Ke Liye De
Do ,

AllahuAkbar 100 Martaba Padha
Karo Iska Sawab Aise 100 Oonto
(Camel) Ke Ke Zabah Kiye Jaane
Ke Barabar Hai , Jin Ke Gardano
Mein Qurbani Ka Patta Pada Hua
Ho ,

Laa Ilaha Illallah 100 Martaba
Padha Karo Iska Sawab To
Aasmab Aur Zameen Ke Darmiyab
Ko Bhar Deta Hai , Aur Us Din
Tumhare Amal Se Badhkar Kisi Ka
Koi Amal Nahi Hoga Jo Allah Ta'la
Ke Yahan Qubool Ho , Albatta Us
Shakhs Ka Amal Badh Sakta Hai
Tumhare Jaisa Amal Kiya Ho Isse
Zyada Kiya Ho.

[Ibn e Maja , Mustadrak Haakim ,
Majmauzzawaid , Musnad
Ahmad]

🔴 Astaghfar Ki Fazeelat :-


- Rasool e Akram Sallallahu Alaihi Wasallam Ne Farmaya : Jo Shakhs Ye Chaahe Ki (Qiyamat) Ke Din Us Ka Nama e Aamal Usko Khush Karde To Use Kasrat Se Astaghfar Karte Rahna Chahiye .
[Majmauzzawaid]

☆ Aap Sallallahu Alaihi Wasallam Din Me 100 Martaba Astaghfar Karte The , Jabki Aap Sallallahu Alaihi Wasallam Se Gunah Hona Ye Na Mumkin Tha , Aap Gunaho Se Paak The , Aur Aaj Hamare Gunah Kitne Hai Iska Shumar Bhi Nahi , To Hame Kitni Baar Karna Chahiye ? Zara Sochen !



Durood Shareef Ki Fazeelat :-

- Rasool e Akram Sallallahu Alaihi Wasallam Ne Farmaya : Meri Ummat Mein Se Jo Shakhs Ikhlaas Ke Sath Mujh Par Durood Bhejta Hai , Allah Ta'la Us Par 10 Rahmatein Naazil Farmata Hai , 10 Darje Bulanad Farmata Hai , Uske Liye 10 Nekiyan Likhi Jaati Hain Aur 10 Gunah Mita Diye Jaate Hain. [Amlul Yaum Wal Lail]
- Ek Riwayt Mein Hai Ki : Qayamat Ke Din Mujhse Qareeb Tareen Wo Ummati Hoga, Jo Mujhpar Zyada Durood Bhejne Wala Hoga. [Tirmizi]

 Kasrat Se Zikr Karne Ke Liye
Hame Chahiye Ki Hum Apne
Maamoolat Ko Ek Tarteef Den.

Maslann : Roz Ka Maamool Is
Tarah Ho Ki.: Subah Surah
Yaaseen Padh Liya Karen Jisse Din
Bhar Ki Tamam Hajatein Poori Ho
Jayengi Insha Allah, Maghrib Ke
Bad Surah Waqia Aur Isha Ke
Baad Surah Mulk Padh Liya
Karen ,

1-1 Tasbeeh Laa Ilaha Illallah,
Astaghfar Aur Durood Ki Subah
Aur Sham Padh Liya Karen , Aur
Jaisa Waqt Farigh Ho To Aur Bhi
Tasbeehat Maslan Sub'hanallah,
Alhamdulillah, AllahuAkbar, Padh
Len ,

- Rozana : Qur'an E Kareem Ki Tilawat Karen , Wagairah. ...

● In Maamolat Ko Rozana Karen , Ek Din Bhi Naaga Na Ho , Agar Kam Waqt Ho To Alfaz Kam Kar Len , Maslann :- Durood Mein

(صلى الله عليه و آله و سلم)

Sallallahu Alaihi Wa Aalihee Wa Sallam Kar Len ,

Badi Astaghfar Ki Jagah Sirf

(استغفرالله)

Astaghfirullah Kah Len ,

- Aur Agar Bilkul Waqt Na Bache Din Guzarne Ke Baad Khayal Aaye Ki Maamoolat Chhoot Gaye To , Sirf 10-10 Martaba Hi Padh len ,

Aur Zyada Waqt Tang Ho To Sirf 1 Dafa Hi , Ikhlaas Ke Saath Kalma , Astaghfar, Aur Durood Padh Len ,

Aur Qur'an Kareem Ki 3 Aayt Hi Dekhkar Padh len lekin Naaga Na Kare , Kyunki Naaga Karne Se Agle din Susti Paida Hogi , Aur Mamoolat Poore Karne Me Mushkil Pesh Aayegi.. Isliye Rozana Ke Zikr Ki Aadat Daalein !

🔵 Jab Zikr Me Dhyan Na Lage !

- Hakeemul Ummat Hazrat Aqdas Ashraf Ali Thanvi Rah. Ke Khalifa Hazrat Abrarul Haq Sb. Rah. Se Unke Ek Mureed Ne Kaha Ki Hazrat Jab Main Zikr Karta Hu To Zikr Ki Taraf Tawajjoh Nahi Rahti , (Dhyan Paida Nahi Hota)

Hazrat Ne Farmaya : Ki Ye Batao Jab Tum Apni Dukaan Par Ho Aur Koi Customer Aa Jaye Aur Us Waqt Tum Khana Kha Rahe Ho , Aur Tawajjoh Customer Ki Taraf

Ho Khane Ki Taraf Na Ho To Kya
Meda Bhar Jata Hai ? , Usne Kaha :
Ji Bhar Jata Hai ,

Hazrat Ne Farmaya : Isi Tarah Jab
Bagair Tawajjoh Ke Koi Zikr Kare
Rooh Ko Khuraq Fir Bhi Mil Jati
Hai Aur Dil Ka Meda Bhar Jata
Hai ,

☆ Zikr Ka Maqsad To Dhyan Paida
Karna Hai , Lekin Jab Zikr Me
Dhyan Paida Na Ho , To Usse
Ghabra Kar Zikr Nahi Chhodna
Chahiye , Kyunki Bagair Dhyan Ke
Zikr Karna Bhi Kisi Nemat se Kam
Nahi Hai , Allah Ka Naam Lene Ki
Taufeeque Bhi Allah Apne
Mahboob Bando Ko Hi Deta Hai ...

● Aaj Kal Ke Daur Mein Kasrat Se
Ye Baat Logon Mein Paayi Jaati
Hai Ki , Wo Depression Ka Shikaar

Hote Hai , Uski Asal Wajah Allah
Ki Yaad Se Ghaafil Rahna Hoti
Hai , Isliye Jo Shakhs Depression
Ka Mareez Ho Use Chahiye Ki Wo
Rozana Kam Se Kam Subah -
Sham [100-100](#) Martaba Durood
Shareef Ka Wird Kare , Insha Allah
Shifa Haasil Hogi ..

★ Allah Ke Zikr Ki Barkat :- Allah
Ta'la Ke Naam Mein Jo Lazzatein ,
Halaawatein , Muhabbatein, Aur
Barkatein Hain , Wo Aur Kisi Mein
Nahi , Isi Mubarak Naam Ke Dum
Qadam Se Duniya Aabad Hai , Aur
Us Waqt Tak Aabad Rahegi Jab
Tak Ye Mubarak Naam Liya Jata
Rahega , Aur Jab Ye Naam
Mubarak Lene Wala Koi Bhi Nahi
Rahega , To Us Waqt Qayamat Aa
Jayegi..

- Is Mukhtasar Tahreer Mein Zikr Ke Bahut Kam Fazail Bayan Ho Payein Hain , Zikr Ke Beshumar Fazail o Barkaat Hain , Jiska Allah Ke Wahan Bahut Bada Ajr Hai ,

- Deegar Masnoon Azkaar Aur Duaon Ke Liye (Masnoon Wa Maqbool Duayen) Ka Muta'la Farmayen !

☆ Is Tahreer Ko Padh Lene Ke Baad Amal Karne Ki Poori Koshish Karen Aur Ye Tahreer Doosron Tak Pahunchane Me Ta'wun Karen ! Taaki Ye Tahreer Hamare Aur Aapke Liye Sadqa e Jaariya Bane ..

تمت نا الخير (الحمد لله)
و آخر دعونا انا الحمد لله رب العالمين !